



Abraham Darby Sports & Leisure Centre

Ironbridge Road, Madeley TF7 5HX

Tel: 01952 382770 web: www.telfordandwrekinleisure.co.uk

Monday 25 July – Sunday 4 September 2022*

| | 6.30-8am | 8-9am | 9-10am | 10-11am | 11am-12noon | 12noon-1pm | 1-2pm | 2-3pm | 3-4pm | 4-5pm | 5-6pm | 6-7pm | 7-8pm | 8-9pm | 9-10pm | |
|------------------|------------------------------|-------------------------------------|-------------------------------|---------------------------|-----------------------------|---------------------------------|--|-------------------------------------|----------------------------------|-------------------------------|--------------------------------|-----------------------------|---------------------------------|----------------------------|-------------------------------|--|
| MONDAY | 6.30-8.15am Lane Swimming | 8.30-9.30am Crash Course | 9.30-10am Parent & Toddler | 10-10.45am Public Swim | 11am-12noon Private Hire | 12noon-12.45pm Lane Swimming | 1-2pm Fun & Floats K4£1 | 2.15-3pm Family Swim* | 3-4pm Private Hire | 4-6.30pm Swim4Life Lessons | | | 6.45-7.45pm Family Swim* | 8-9pm Sub Aqua*** | 9.15-10.15pm Lane Swimming | |
| TUESDAY | 6.30-8.15am Lane Swimming | 8.30-9.30am Crash Course | 9.30-10am Parent & Toddler | 10-10.45am Public Swim | 11am-12noon Private Hire | 12noon-12.45pm Lane Swimming | 1-2pm Fun & Floats K4£1 | 2.15-3pm Family Swim* | 3-4pm Private Hire | 4-6pm Swim4Life Lessons | | 6.15-7.15pm Family Swim* | 7.30-9pm Telford Aqua SC*** | | 9.15-10.15pm Lane Swimming | |
| WEDNESDAY | 6.30-8.15am Lane Swimming | 8.30-9.30am Crash Course | 9.30-10am Parent & Toddler | 10-10.45am Public Swim | 11am-12noon Private Hire | 12noon-12.45pm Lane Swimming | 1-2pm Fun & Floats K4£1 | 2.15-3.15pm Private Hire | 3.30-6pm Swim4Life Lessons | | | 6.15-7.15pm Public Swim | 7.30-8.30pm Women Only | 8.30-9.15pm AquaFit^ | 9.15-10.15pm Lane Swimming | |
| THURSDAY | 6.30-8.15am Lane Swimming | 8.30-9.30am Crash Course | 9.30-10am Parent & Toddler | 10-10.45am Public Swim | 11am-12noon Private Hire | 12noon-12.45pm Lane Swimming | 1.15-2pm AquaFit^ | 2.15-3pm Over 60's Swim | 3-4pm Private Hire | 4-6.30pm Swim4Life Lessons | | | 6.30-7.15pm Public Swim | 7.30-8.30pm Tri Club*** | 9-10pm Lane Swimming | |
| FRIDAY | 6.30-8.15am Lane Swimming | 8.30-9.30am Crash Course | 9.30-10am Parent & Toddler | 10-10.45am Public Swim | 11am-12noon Private Hire | 12noon-12.45pm Lane Swimming | 1-2pm Fun & Floats K4£1 | 2.15-3.15pm Private Hire | 3.30-6.30pm Swim4Life Lessons | | | 6.30-7.15pm Family Swim* | 7.30-9pm Telford Aqua SC*** | | | |
| SATURDAY | 7-8.15am Lane Swimming | 8.30am-12.30pm Swim4Life Lessons | | | | | 12.45-1.45pm Family Swim* | 2-3pm Fun & Floats K4£1 | 3.15-4.15pm Family Swim* | | 4.30-5.30pm Pool Party Hire | | 6-7pm Private Hire (1 CAN 2) | 7.15-8pm Family Swim* | | |
| SUNDAY | 7-8.15am Lane Swimming | 8.30-10.30am Swim4Life Lessons | | | | 11am-12noon Family Swim* | 12.15-1.15pm Family Disability Swim | 1.30-2.30pm Fun & Floats K4£1 | 2.45-3.45pm Public Swim | | 4-5pm Family Swim* | | 5.30-6.30pm Public Swim | | 6.45-7.45pm Lane Swimming | |

*** Private clubs

^ Instructor lead classes and 11+ years accompanied by an adult 16+ years

• These sessions are for adult bathers who must be accompanied by children under the age of 16

* Summer Bank Holiday Monday 29 August – Centre closed