



Telford & Wrekin
Co-operative Council

Protect, care and invest
to create a better borough

Abraham Darby Sports & Leisure Centre

Ironbridge Road, Madeley TF7 5HX

Tel: 01952 382770 web: www.telfordandwrekinleisure.co.uk

Monday 6 June – Sunday 24 July 2022

	6.30-8am	8-9am	9-10am	10-11am	11am-12noon	12noon-1pm	1-2pm	2-3pm	3-4pm	4-5pm	5-6pm	6-7pm	7-8pm	8-9pm	9-10pm	
MONDAY	6.30-8.45am Lane Swimming		9am-12noon School Use			12noon-1pm Lane Swimming	1-3pm School Use			4-6.30pm Swim4Life Lessons		6.45-7.45pm Family Swim*		8-9pm Sub Aqua	9.15-10.15pm Lane Swimming	
TUESDAY	6.30-8.45am Lane Swimming		9am-12noon School Use			12noon-1pm Lane Swimming	1-3pm School Use			4-6pm Swim4Life Lessons		6.15-7.15pm Public Swim		7.30-9pm Telford Aqua SC***		9.15-10.15pm Lane Swimming
WEDNESDAY	6.30-8.45am Lane Swimming		9-11.45am School Use		11.45am-12.30pm Lane Swimming		1-3pm School Use			3.30-6pm Swim4Life Lessons		6.15-7.15pm Family Swim*	7.30-8.30pm Women Only	8.30-9.15pm AquaFit ▲	9.15-10.15pm Lane Swimming	
THURSDAY	6.30-8.45am Lane Swimming		9am-12noon School Use			12noon-1pm Lane Swimming	1.15-2pm AquaFit ▲		2.15-3.15pm Over 60's Swim		4-6.30pm Swim4Life Lessons		6.30-7.15pm Public Swim	7.30-8.30pm Tri Club		9-10pm Adults Swim
FRIDAY	6.30-8.45am Lane Swimming		9am-12noon School Use			12noon-1pm Lane Swimming	1-3pm School Use			3.30-6.30pm Swim4Life Lessons		6.30-7.15pm Family Swim*	7.30-9pm Telford Aqua SC***			
SATURDAY	7-8.15am Lane Swimming		8.30am-12.30pm Swim4Life Lessons				12.45-1.45pm Family Swim*	2-3pm Fun & Floats K4£1	3.15-4.15pm Public Swim		4.30-5.30pm Pool Party Hire		6-7pm Private Hire (1 Can 2)	7.15-8pm Family Swim*		
SUNDAY	7-8.15am Lane Swimming		8.30-10.30am Swim4Life Lessons		11am-12noon Family Swim*	12.15-1.15pm Family Disability Swim		1.30-2.30pm Fun & Floats K4£1	2.45-3.45pm Public Swim	4-5pm Family Swim*		5.30-6.30pm Public Swim		7-8pm Lane Swimming		

*** Private clubs

▲ Instructor lead classes and 11+ years accompanied by an adult 16+ years

• These sessions are for adult bathers who must be accompanied by children under the age of 16