

# Newport Swimming Pool

Termtime Timetable

Monday 1 November - Sunday 19 December 2021

Victoria Park, Newport TF10 7LH

Tel: 01952 382740 web: [www.telfordandwrekinleisure.co.uk](http://www.telfordandwrekinleisure.co.uk)

	7-8am	8-9am	9-10am	10-11am	11am-12noon	12noon-1pm	1-2pm	2-3pm	3-4pm	4-5pm	5-6pm	6-7pm	7-8pm	8-9pm	9-10pm	
<b>MONDAY</b>	7-8am Lane Swimming	8.15-9.15am Lane Swimming	9.30-10.15am Aquafit ▲	10.15-11.15am Lane Swimming Women Only **		12noon-1pm Lane Swimming	1-3pm Public Swim			3.30-6.30pm Swim4Life Lessons		6.30-7.30pm Family Swim	7.30-9pm Newport Swimming Club***		9-10pm Lane Swimming	
<b>TUESDAY</b>	7-8am Lane Swimming	8.15-9.15am Lane Swimming	9.15-10am Parent & Toddler	10-11am Public Swim	11.15-11.45am 60+ Swim	12noon-1pm Lane Swimming	1-3pm Public Swim			3.30-5.30pm Swim4Life Lessons	5.30-6.30pm Public Swim	6.30-7.30pm Newport Swimming Club***	7.45-8.30pm Aquafit▲		9-10pm Lane Swimming	
<b>WEDNESDAY</b>	7-8am Lane Swimming	8.15-9.15am Lane Swimming		9.30-10.30am Family Swim	10.30-11.30am Lane Swimming Women Only **	11.45am-12.45pm Lane Swimming	1-3pm School Use			3.30-5.30pm Swim4Life Lessons	5.30-6.30pm Public Swim	6.30-8pm Newport Swimming Club***	8-9pm Lane Swimming		9-10pm Lane Swimming	
<b>THURSDAY</b>	7-8am Lane Swimming	8.15-9.15am Lane Swimming	9.15-10am Parent & Toddler	10-11am Public Swim	11.15-11.45am 60+ Swim	12noon-1pm Lane Swimming	1-3pm Public Swim			3.30-6.30pm Swim4Life Lessons		6.30-8pm Newport Swimming Club***	8.15-9pm Aquafit▲		9-10pm Lane Swimming	
<b>FRIDAY</b>	7-8.30am Lane Swimming		9-10.30am School Use	10.45-11.30am Public Swim		12noon-1pm Lane Swimming	1-1.45pm Aquafit▲	2-3pm Public Swim		3.30-6.30pm Swim4Life Lessons		6.30-7.30pm Newport Swimming Club***	7.30-8.30pm Public Swim		8.30-9.30pm Aquarius Sub Aqua Club***	
<b>SATURDAY</b>	7.30-8.30am Lane Swimming		8.30am-1pm Swim4Life Lessons				1.15-2.45pm Public Swim		3-4pm Family Swim	4.15-5.15pm Private Hire		5.30-6.30pm Adults Only		7-8pm Staff Training		
<b>SUNDAY</b>	7.30-8.30am Lane Swimming	8.30-9.30am Family Swim	9.30am-12.30pm Swim4Life Lessons			12.45-1.45pm Public Swim		2-3pm Family Swim	3-4pm Pool Party Hire	4-5pm Lane Swimming Women Only **	5-6pm Rookie Lifeguard	6-8pm Lifesaving				

Monday 27 - Thursday 30 September (inclusive) 8.15-9.15am Lane Swimming is cancelled

\* Age 8+ years and must be able to swim 25 metres

\*\* Adults 16+ years only

\*\*\* Private clubs

■ Instructor lead classes and 16+ years

▲ Instructor lead classes and 11+ years accompanied by an adult 16+ years

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