



Telford & Wrekin  
Co-operative Council

Protect, care and invest  
to create a better borough

# Wellington Civic & Leisure Centre

Larkin Way, off Tan Bank, Wellington, Telford TF1 1LX

Tel: 01952 382720 web: [www.telfordandwrekinleisure.co.uk](http://www.telfordandwrekinleisure.co.uk)

Monday 25 July – Sunday 4 September 2022\*

	7-8am	8-9am	9-10am	10-11am	11am-12noon	12noon-1pm	1-2pm	2-3pm	3-4pm	4-5pm	5-6pm	6-7pm	7-8pm	8-9pm	9-10pm
<b>MONDAY</b>	6.30-8am Lane Swimming	8-9am Crash Courses (25-29 July, 8-12 August, 22-26 August)	9-10am Adults Only	10-11am Parent & Toddler / Public Swimming Deep Water	11-11.45am Aquafit <sup>▲</sup>	12noon-1.30pm Public Swim	1.30-2.30pm Adult Swim4Life	2.30-3.30pm Public Swim	3.45-6.15pm Swim4Life Lessons		6.15-7pm Family Swim		7-7.45pm Aquafit <sup>▲</sup>	8-9pm Adult Swim4Life	9-10pm Lane Swimming
<b>TUESDAY</b>	6.30-8am Lane Swimming	Distance Award Badges K4£1 Pre-booking required (1-5 August, 15-19 August, 30 August-2 September)	9-10am Adults Only	10-11am Women Only	11-11.45am Aquafit <sup>▲</sup>	12noon-1.30pm Public Swim	1.30-2.30pm Fun & Floats K4£1	2.30-3.30pm Public Swim	3.45-6.15pm Swim4Life Lessons		6.15-7pm Public Swim		7-9pm Wellington Swimming Club***		9-10pm Lane Swimming
<b>WEDNESDAY</b>	6.30-8am Lane Swimming		9-10am Adults Only	10-11am Lane Swimming / Private Hire	11-11.45am Aquafit <sup>▲</sup>	12noon-1.30pm Public Swim	1.30-2.30pm Fun & Floats K4£1	2.30-3.30pm Public Swim	3.45-5.15pm Swim4Life Lessons	5.30-6.30pm Public Swim	6.30-7.30pm Wellington Swimming Club***	7.30-8.15pm Aquafit <sup>▲</sup>	8.15-9.15pm Adult Swim4Life	9.15-10pm Lane Swimming	
<b>THURSDAY</b>	6.30-8am Lane Swimming		9-10am Adults Only	10-11am Family Swim	11-11.45am Aquafit <sup>▲</sup>	12noon-1.30pm Public Swim	1.30-2.30pm Fun & Floats K4£1	2.30-3.30pm Public Swim	3.45-5.15pm Swim4Life Lessons	5.30-6.30pm Public Swim		6.30-8pm Wellington Swimming Club***		8-9pm Women Only	9-10pm Lane Swimming
<b>FRIDAY</b>	6.30-8am Lane Swimming		9-10am Adults Only	10-11am Parent & Toddler / Public Swimming Deep Water	11.15-12noon Aquafit <sup>▲</sup>	12noon-1.30pm Public Swim	1.30-2.30pm Fun & Floats K4£1	2.30-3.30pm Public Swim	3.45-5.45pm Swim4Life Lessons		6-7pm Family Swim		7-9.30pm Wellington Swimming Club***		
<b>SATURDAY</b>	7-8am Lane Swimming		8am-12.30pm Swim4Life Lessons				12.30-1.30pm Family Swim	1.30-2.30pm Public Swim	2.45-3.45pm Female Only Dress Code Swim <sup>■</sup>	4-5pm Swim4Life Lessons	5-6pm Junior Lifesaving	6-8pm Wellington Swimming Club Water Polo***			
<b>SUNDAY</b>	7-8am Lane Swimming	8-9am Public Swim	9-10am Family Swim	10am-1.30pm Swim4Life Lessons			1.30-2.30pm Fun & Floats K4£1	2.30-3.30pm Public Swim	3.45-4.45pm Available Party Slot	5-6pm Wrekin Special Swimming Club***	6-7pm Women Only	7-8pm Lane Swimming			

\*\*\* Private clubs

▲ Instructor lead classes and 11+ years accompanied by an adult 16+ years

■ Upper arms and shoulders covered, legs covered to below the knee.

\* Summer Bank Holiday Monday 29 August – Centre closed

**tw** LEISURE