



Wellington Civic and Leisure Centre

Indoor Cycling Programme

Saturday 23 December 2023 - Tuesday 2 January 2024

Saturday 23 December - Normal Timetable	
Sunday 24 December - Christmas Eve	
7.30 - 8.15am 8.45 - 9.15am 9.30 - 10.15am 10.45 - 11.30am 1 - 1.45pm	The Trip Virtual Sprint (Instructor Led) RPM Virtual RPM Virtual The Trip Virtual
Monday 25 December - Christmas Day - CLOSED	
Tuesday 26 December - Boxing Day - CLOSED	
Wednesday 27 December	
6.45 - 7.15am 9.30 - 10.15am 12.45 - 1.15pm 5.45 - 6.30pm 7 - 7.45pm	Sprint Virtual The Trip Virtual Sprint Virtual RPM Virtual The Trip Virtual
Thursday 28 December	
6.45 - 7.30am 9.30 - 10.15am 12.30 - 1.15pm 6.15 - 7pm 7.15 - 7.45pm	Sprint Virtual RPM Virtual The Trip Virtual RPM Virtual Sprint Virtual

Friday 29 December	
6.45 - 7.15am 9.30 - 10.15am 12.45 - 1.30pm 5.30 - 6.15pm 6.45 - 7.15pm	Sprint Virtual RPM (Instructor Led) The Trip Virtual RPM (Instructor Led) Sprint Virtual
Saturday 30 Dcember	
7.15 - 7.45am 8.15 - 9am 12.15 - 1pm 5.15 - 6pm	Sprint Virtual RPM Virtual The Trip Virtual RPM Virtual
Sunday 31 December	
7.15 - 7.45am 8.45 - 9.15am 10.30 - 11.15am 12.15 -1pm	Sprint Virtual Sprint (Instructor Led) The Trip Virtual RPM Virtual
Monday 1 January - New Year's Day - CLOSED	
Tuesday 2 January - Normal Timetable	

Please visit www.telfordandwrekinleisure.co.uk for all leisure centre opening hours and the studio based fitness class programme