



Telford & Wrekin  
Co-operative Council

Protect, care and invest  
to create a better borough

# Oakengates Leisure Centre

New Road, Wrockwardine Wood, Telford TF2 7AB

Tel: 01952 382810 web: [www.telfordandwrekinleisure.co.uk](http://www.telfordandwrekinleisure.co.uk)

Monday 28 April – Sunday 25 May 2025

Monday 2 June – Sunday 20 July 2025

	6.30-8am	8-9am	9-10am	10-11am	11am-12noon	12noon-1pm	1-2pm	2-3pm	3-4pm	4-5pm	5-6pm	6-7pm	7-8pm	8-9pm	9-10.30pm
<b>MONDAY</b>	6.30-8.15am Lane Swimming		8.45-9.30am AquaFit**	10am-12.30pm School Use			1-2.30pm School Use			3.30-6.30pm Swim4Life Lessons		6.45-7.30pm Family Swim	7.30-8.15pm AquaFit*	8.30-9.30pm Lane Swimming	
<b>TUESDAY</b>	6.30-8.15am Lane Swimming		9-10am Adults Only	10-10.45am Women Only	11-11.45am AquaFit**	12.15pm-1.15pm Lane Swimming		2-3pm Private Hire		3.30-6.30pm Swim4Life Lessons		6.45-7.30pm Public Swim	7.30-8.15pm Women Only	8.15-9.15pm Staff Training	9.15-10pm Lane Swimming
<b>WEDNESDAY</b>	6.30-8.15am Lane Swimming		9.15-11.15am School Use		11.30am-12.15pm AquaFit**	12.30pm-1.15pm Lane Swimming	1.30-3pm School Use			4-6.30pm Swim4Life Lessons		6.30-7.15pm Family Swim	7.30-9pm Telford Aqua Swimming Club***		9.15-10pm Lane Swimming
<b>THURSDAY</b>	6.30-8.15am Lane Swimming		9-11.30am School Use			12noon-12.45pm Lane Swimming	1.15-3pm School Use			3.30-6.30pm Swim4Life Lessons		6.45-7.30pm Public Swim	7.45-8.30pm AquaFit*	8.30-9.15pm Women Only	9.15-10pm Lane Swimming
<b>FRIDAY</b>	6.30-8.15am Lane Swimming		9-11.30am School Use			12noon-1.30pm Lane Swimming		2-3pm Public Swim		3.30-6pm Swim4Life Lessons		6-9pm Telford Aqua Swimming Club***			9.15-10pm Lane Swimming
<b>SATURDAY</b>	7-7.45am Lane Swimming	8am-1pm Swim4Life Lessons					1.15-2pm Fun & Floats	2-3pm Public Swim	3-3.45pm Family Swim	4-7pm Swim4Life Lessons		7-8pm Adults Only Swim	8pm CLOSED		
<b>SUNDAY</b>		8-8.45am Lane Swimming	9-9.45am Family Swim	10am-1pm Swim4Life Lessons			1.15-2pm Fun & Floats	2-3pm Public Swim	3-4pm Family Swim	4.15-5pm Women Only	5-6pm Adult Only Swim	6-9pm Telford Aqua Swimming Club***			9pm CLOSED

\* Week commencing 23 September 2024

\*\*\* Private clubs

▲ Instructor lead classes for ages 16+ and 14-15 years accompanied by an adult 18+ years