



# Wellington Civic and Leisure Centre Indoor Cycling Programme

Tuesday 23 December 2025 - Friday 2 January 2026

<b>Tuesday 23rd December – Normal Timetable</b>	
<b>Wednesday 24th December – Christmas Eve</b>	
6.45 – 7.15am 9.30 – 10.15am 12.45– 1.15pm	Sprint (Virtual) The Trip (Virtual) Sprint (Virtual)
<b>Thursday 25th December – Closed</b>	
<b>Friday 26th December – Closed</b>	
<b>Saturday 27th December</b>	
7.15 – 7.45am 8.15 - 9am 12.15 - 1pm 5.15 - 6pm	Sprint (Virtual) RPM (Instructor Led) The Trip (Virtual) RPM (Virtual)
<b>Sunday 28th December</b>	
7.15 - 7.45am 10.30 - 11am 12.15 - 1pm 5.15 – 6pm	Sprint (Virtual) Sprint (Instructor Led) RPM (Virtual) The Trip (Virtual)
<b>Monday 29th December</b>	
6.45– 7.15am 9.30 - 10.15am 10.30 - 11am 12.45 - 1.30pm 6.15 - 7pm	Sprint (Virtual) RPM (Virtual) Sprint (Virtual) RPM (Virtual) RPM (Instructor Led)
<b>Tuesday 30th December</b>	
6.45 – 7.30am 9.30 – 10.15am 12.45 - 1.30pm 6.30 - 7.15pm	RPM (Virtual) RPM (Virtual) The Trip (Virtual) RPM (Virtual)
<b>Wednesday 31st December</b>	
6.45 – 7.15am 9.30 – 10.15am 12.45 – 1.15pm	Sprint (Virtual) The Trip (Virtual) Sprint (Virtual)
<b>Wednesday 1st January – Closed</b>	
<b>Thursday 2nd January – Normal Timetable</b>	