



Telford & Wrekin
Co-operative Council

Protect, care and invest
to create a better borough

Wellington Civic and Leisure Centre

Larkin Way, off Tan Bank, Wellington, Telford TF1 1LX
Tel: 01952 382720 web: www.telfordandwrekinleisure.co.uk

Monday 1 September – Sunday 26 October 2025

Monday 3 November – Sunday 21 December 2025

	6.30-8am	8-9am	9-10am	10-11am	11am-12noon	12noon-1pm	1-2pm	2-3pm	3-4pm	4-5pm	5-6pm	6-7pm	7-8pm	8-9pm	9-10pm	
MONDAY	6.30-8.30am Lane Swimming		9-10am Adults Only	10-11am Parent & Toddler / Public Swim Deep Water	11-11.45am AquaFit ▲	12noon-1.30pm Lane Swimming		1.30-2.30pm Adult Swim4Life	2.30-3.30pm Public Swim	3.45-6.15pm Swim4Life Lessons		6.15-7pm Family Swim●	7-7.45pm AquaFit▲	8-9pm Adult Swim4Life	9-10pm Lane Swimming	
TUESDAY	6.30-8.30am Lane Swimming		9-10am Adults Only	10-11am Women Only**	11-11.45am AquaFit ▲	12noon-1.30pm Lane Swimming		2-3.30pm Public Swim		3.45-6.15pm Swim4Life Lessons		6.15-7pm Public Swim	7-9pm Wellington Swimming Club***		9-10pm Lane Swimming	
WEDNESDAY	6.30-8.30am Lane Swimming		9-10am Adults Only	10-11am Lane Swimming / Private Hire	11-11.45am AquaFit ▲	12noon-1.30pm Lane Swimming		1.30-2.30pm Public Swim	2.30-3.30pm Staff Training	3.45-5.45pm Swim4Life Lessons	5.45-6.30pm Public Swim	6.30-7.30pm Wellington Swimming Club***		8.15-9.15pm Adult Swim4Life	9.15-10pm Lane Swimming	
THURSDAY	6.30-8.30am Lane Swimming		9-10am Adults Only	10-11am Public Swim	11-11.45am AquaFit ▲	12noon-1.30pm Lane Swimming		2-3.30pm Public Swim		3.45-5.45pm Swim4Life Lessons	5.45-6.30pm Public Swim	6.30-8pm Wellington Swimming Club***	8-9pm Women Only**		9-10pm Lane Swimming	
FRIDAY	6.30-8.30am Lane Swimming		9-10am Adults Only	10-11.15am Parent & Toddler / Public Swim Deep Water	11.15-12noon AquaFit ▲	12noon-1.30pm Lane Swimming		2-3.30pm Public Swim		3.45-5.45pm Swim4Life Lessons		6-7pm Family Swim●	7-9.30pm Wellington Swimming Club***			
SATURDAY	7-8am Lane Swimming	8am-12.30pm Swim4Life Lessons				12.30-1.30pm Family Swim●	1.30-2.30pm Public Swim	2.30-4pm Swim4Life Lessons	4-5pm Swim4Life Lessons	5-6pm Junior Lifesaving	6-8pm Wellington Swimming Club Water Polo***					
SUNDAY	7-8am Lane Swimming	8-9am Public Swim	9-10am Family Swim●	10am-1.30pm Swim4Life Lessons			1.30-2.30pm Fun & Floats	2.30-3.30pm Public Swim	3.30-5pm Swim4Life Lessons	5-6pm Wrekin Special Swimming Club***	6-7pm Women Only**	7-8pm Lane Swimming				

** These swims are for adults 16+ years and 11+ years accompanied by an adult 16+ years.

*** Private clubs

▲ Instructor lead classes and 14+ years accompanied by an adult 16+ years

● Family Swim: these swims are for children under the age of 16 years and must be accompanied by an adult