

Abraham Darby Sports & Leisure Centre Christmas 2020

Monday 21 December - Sunday 27 December 2020

	6.30-8am	8-9am	9-10am	10-11am	11am-12noon	12noon-1pm	1-2pm	2-3pm	3-4pm	4-5pm	5-6pm	6-7pm	7-8pm	8-9pm	9-10pm
M	6.30-7.30am Lane Swimming	8-9am Lane Swimming	9.30-10.30am Family Swim		11.30am-12.30pm Lane Swimming		1-2pm Family Swim	2.30-3.30pm Public Swim		4.30-5.30pm Public Swim		6-7pm Family Swim		7.30-8.30pm Sub Aqua***	9-10pm Lane Swimming
T	6.30-7.30am Lane Swimming	8-9am Lane Swimming	9.30-10.30am Family Swim		11.30am-12.30pm Public Swim		1-2pm Family Swim	2.30-3.30pm Public Swim		4.30-5.30pm Public Swim		6-7pm Family Swim		7.30-8.30pm Lane Swimming	9-10pm Lane Swimming
W	6.30-7.30am Lane Swimming	8-9am Lane Swimming	9.30-10.30am Family Swim		11.30am-12.30pm Lane Swimming		1-2pm Family Swim	2.30-3.30pm Public Swim		4.30-5.30pm Public Swim		6-7pm Family Swim		8-8.45pm AquaFit*	9-10pm Ladies Lane Swimming
T	6.30-7.30am Lane Swimming	8-9am Lane Swimming	9.30-10.30am Family Swim		11am-12noon Public Swim	12.30-1.30pm Lane Swimming		2-3pm Family Swim	Closed						
F	Christmas Day - Closed														
S	Boxing Day - Closed														
S	Closed														

Monday 28 December 2020 - Sunday 3 January 2021

	7-8am	8-9am	9-10am	10-11am	11am-12noon	12noon-1pm	1-2pm	2-3pm	3-4pm	4-5pm	5-6pm	6-7pm	7-8pm	8-9pm	9-10pm
M	Closed														
T	6.30-7.30am Lane Swimming	8-9am Lane Swimming	9.30-10.30am Family Swim		11am-12noon Public Swim	12.30-1.30pm Lane Swimming		2.30-3.30pm Family Swim		5-6pm Family Swim		6.30-7.30pm Lane Swimming		Closed	
W	6.30-7.30am Lane Swimming	8-9am Lane Swimming	9.30-10.30am Family Swim		11am-12noon Public Swim	12.30-1.30pm Lane Swimming		2.30-3.30pm Family Swim		5-6pm Family Swim		6.30-7.30pm Lane Swimming		Closed	
T	6.30-7.30am Lane Swimming	8-9am Lane Swimming	9.30-10.30am Family Swim		11am-12noon Public Swim	12.30-1.30pm Lane Swimming		2-3pm Family Swim	Closed						
F	New Years Day - Closed														
S	7-8am Lane Swimming		9-10am Family Swim		10.30-11.30am Family Swim	12noon-1pm Public Swim	1.30-2.30pm Family Swim	3-4pm Family Swim		4.30-5.30pm Public Swim		6-7pm Lane Swimming		Closed	
S	7-8am Lane Swimming		9-10am Family Swim		11am-12noon Family Swim		1.30-2.30pm Family Swim	3-4pm Family Swim		4.30-5.30pm Public Swim		6-7pm Lane Swimming		Closed	

* Age 8+ years and must be able to swim 25 metres

** Adults 16+ years only

*** Private clubs

■ Instructor lead classes and 16+ years

▲ Instructor lead classes and 11+ years accompanied by an adult 16+ years

● 11yrs+ permitted accompanied by an adult 16+ years

◆ Children must be under the age of 5 years to attend parent and toddler sessions

Pool session depths can be found on the next page

Newport Swimming Pool Christmas 2020

Monday 21 December - Sunday 27 December 2020

	7-8am	8-9am	9-10am	10-11am	11am-12noon	12noon-1pm	1-2pm	2-3pm	3-4pm	4-5pm	5-6pm	6-7pm	7-8pm	8-9pm	9-10pm	
M	7-8am Lane Swimming		9.15-10am Aquafit*		10.30-11.30am Women Only Lanes**	12noon-1pm Lane Swimming		1.30-2.30pm Public Swim	3-4pm Public Swim		4.30-5.30pm Family Swim		6-7pm Public Swim	7.30-8.30pm Newport Swimming Club***	9.15-10pm Lane Swimming	
T	7-8am Lane Swimming	8.30-9.30am Lane Swimming		10-11am Family Swim	11.30am-12.30pm Lane Swimming		1-2pm Public Swim	2.30-3.30pm Public Swim		4-5pm Family Swim		5.30-6.15pm Public Swim	6.30-7.30pm Newport Swimming Club***	7.45-8.30pm Aquafit*	9-10pm Lane Swimming	
W	7-8am Lane Swimming	8.30-9.30am Lane Swimming		10-11am Women Only Lanes**	11.30am-12.30pm Lane Swimming		1-2pm Public Swim	2.30-3.30pm Public Swim		4-5pm Family Swim		5.30-6.15pm Public Swim	6.30-8pm Newport Swimming Club***		8.30-9.30pm Lane Swimming	
T	7-8am Lane Swimming	8.30-9.30am Lane Swimming		10-11am Family Swim	11.30am-12.30pm Lane Swimming		1-2pm Public Swim	2.30-3.30pm Public Swim	Closed							
F	Christmas Day - Closed															
S	Boxing Day - Closed															
S	Closed															

Monday 28 December 2020 - Sunday 3 January 2021

	7-8am	8-9am	9-10am	10-11am	11am-12noon	12noon-1pm	1-2pm	2-3pm	3-4pm	4-5pm	5-6pm	6-7pm	7-8pm	8-9pm	9-10pm	
M	Closed															
T	7-8am Lane Swimming	8.30-9.30am Lane Swimming		10-11am Family Swim		11.30-12.30pm Lane Swimming	1-2pm Public Swim	2.30-3.30pm Public Swim		4-5pm Family Swim		6-7pm Public Swim	Closed			
W	7-8am Lane Swimming	8.30-9.30am Lane Swimming		10-11am Women Only Lanes**		11.30-12.30pm Lane Swimming	1-2pm Public Swim	2.30-3.30pm Public Swim		4-5pm Family Swim		6-7pm Public Swim	Closed			
T	7-8am Lane Swimming	8.30-9.30am Lane Swimming		10-11am Family Swim		11.30-12.30pm Lane Swimming	1-2pm Public Swim	2.30-3.30pm Public Swim	Closed							
F	New Years Day - Closed															
S		7.30-8.30am Lane Swimming	9-10am Family Swim		10.30-11.30am Public Swim		12.30-1.30pm Public Swim	2-3pm Public Swim		3.30-4.30pm Family Swim		5-6pm Adults Only	6.30-7.30pm Lane Swimming	Closed		
S		7.30-8.30am Lane Swimming	8.45-9.45am Family Swim		10.30-11.30am Public Swim		12.30-1.30pm Public Swim	2-3pm Public Swim		3.30-4.30pm Family Swim		4.45-5.45pm Women Only Lanes**	6.30-7.30pm Lane Swimming	Closed		

* Age 8+ years and must be able to swim 25 metres

** Adults 16+ years only

*** Private clubs

■ Instructor lead classes and 16+ years

▲ Instructor lead classes and 11+ years accompanied by an adult 16+ years

Oakengates Leisure Centre Christmas 2020

Monday 21 December - Sunday 27 December 2020

	6.30-8am	8-9am	9-10am	10-11am	11am-12noon	12noon-1pm	1-2pm	2-3pm	3-4pm	4-5pm	5-6pm	6-7pm	7-8pm	8-9pm	9-10pm
M	6.30-7.30am Lane Swimming	8-9am Lane Swimming		10-11am Family Swim	11.30am-12.30pm Lane Swimming		1-2pm Family Swim		3-4pm Public Swim		4.30-5.30pm Family Swim	6-7pm Public Swim		7.45-8.30pm Aquafit*	9-10pm Lane Swimming
T	6.30-7.30am Lane Swimming	8-9am Lane Swimming		10-11am Family Swim	11.30am-12.30pm Lane Swimming		1-2pm Family Swim		3-4pm Public Swim		4.30-5.30pm Family Swim	6-7pm Women Only**		7.30-8.30pm Staff Training	9-10pm Lane Swimming
W	6.30-7.30am Lane Swimming	8-9am Lane Swimming		10-11am Family Swim	11.30am-12.30pm Lane Swimming		1-2pm Family Swim		3-4pm Public Swim		4.30-5.30pm Family Swim	6-7pm Public Swim		7.30-8.30pm Public Swim	9-10pm Lane Swimming
T	6.30-7.30am Lane Swimming	8-9am Lane Swimming		10-11am Family Swim	11.30am-12.30pm Lane Swimming		1-2pm Family Swim		2.30-3.30pm Public Swim	Closed					
F	Christmas Day - Closed														
S	Boxing Day - Closed														
S	Closed														

Monday 28 December 2020 - Sunday 3 January 2021

	7-8am	8-9am	9-10am	10-11am	11am-12noon	12noon-1pm	1-2pm	2-3pm	3-4pm	4-5pm	5-6pm	6-7pm	7-8pm	8-9pm	9-10pm
M	Closed														
T	6.30-7.30am Lane Swimming	8-9am Lane Swimming		10-11am Family Swim	11.30am-12.30pm Lane Swimming		1-2pm Family Swim		3-4pm Public Swim		4.30-5.30pm Family Swim	6-7pm Lane Swimming			Closed
W	6.30-7.30am Lane Swimming	8-9am Lane Swimming		10-11am Family Swim	11.30am-12.30pm Lane Swimming		1-2pm Family Swim		3-4pm Public Swim		4.30-5.30pm Family Swim	6-7pm Lane Swimming			Closed
T	6.30-7.30am Lane Swimming	8-9am Lane Swimming		10-11am Family Swim	11.30am-12.30pm Lane Swimming		1-2pm Family Swim		2.30-3.30pm Public Swim	Closed					
F	New Years Day - Closed														
S	7-8am Lane Swimming		8.30-9.30am Family Swim	10-11am Family Swim		12noon-1pm Public Swim	1.30-2.30pm Public Swim		3-4pm Family Swim		4.30-5.30pm Public Swim	6-7pm Lane Swimming			
S		8-9am Lane Swimming		10-11am Family Swim		12noon-1pm Family Swim	1.30-2.30pm Public Swim		3-4pm Public Swim		4.30-5.30pm Family Swim	6-7pm Public Swim		7.30-8.30pm Lane Swimming	

* Age 8+ years and must be able to swim 25 metres

** Adults 16+ years only

*** Private clubs

■ Instructor lead classes and 16+ years

▲ Instructor lead classes and 11+ years accompanied by an adult 16+ years

● Once a month cancelled for staff training

● 11yrs+ permitted accompanied by an adult 16+ years

Wellington Civic & Leisure Centre Christmas 2020

Monday 21 December - Sunday 27 December 2020

	6.30-8am	8-9am	9-10am	10-11am	11am-12noon	12noon-1pm	1-2pm	2-3pm	3-4pm	4-5pm	5-6pm	6-7pm	7-8pm	8-9pm	9-10pm
M	6.30-7.30am Lane Swimming	8-9am Lane Swimming	9.30-10.30am Public Swim		11-11.45am AquaFit*	12.30-1.30pm Lane Swimming		2-3pm Public Swim		3.30-4.30pm Public Swim		5.30-6.30pm Public Swim		7-7.45pm AquaFit*	8.45-9.45pm Lane Swimming
T	6.30-7.30am Lane Swimming	8-9am Lane Swimming	9.30-10.30am Family Swim		11-11.45am AquaFit*	12.30-1.30pm Lane Swimming		2-3pm Public Swim		3.30-4.30pm Public Swim		5.30-6.30pm Public Swim	7-9pm Wellington Swimming Club***		9.15-10pm Lane Swimming
W	6.30-7.30am Lane Swimming	8-9am Lane Swimming	9.30-10.30am Public Swim		11-11.45am AquaFit*	12.30-1.30pm Lane Swimming		2-3pm Public Swim		3.30-4.30pm Public Swim		5-6pm Family Swim	6.30-7.30pm Wellington Swimming Club	8-8.45pm AquaFit*	9.15-10pm Lane Swimming
T	6.30-7.30am Lane Swimming	8-9am Lane Swimming	9.30-10.30am Public Swim		11-11.45am AquaFit*	12.30-1.30pm Lane Swimming		2-3pm Public Swim	Closed						
F	Christmas Day - Closed														
S	Boxing Day - Closed														
S	Closed														

Monday 28 December 2020 - Sunday 3 January 2021

	7-8am	8-9am	9-10am	10-11am	11am-12noon	12noon-1pm	1-2pm	2-3pm	3-4pm	4-5pm	5-6pm	6-7pm	7-8pm	8-9pm	9-10pm
M	Closed														
T	6.30-7.30am Lane Swimming	8-9am Lane Swimming	9.30-10.30am Family Swim		11am-12noon Public Swim	12.30-1.30pm Lane Swimming		2-3pm Public Swim		3.30-5.30pm Wellington Swimming Club***		6-7pm Public Swim		Closed	
W	6.30-7.30am Lane Swimming	8-9am Lane Swimming	9.30-10.30am Public Swim		11-11.45am AquaFit*	12.30-1.30pm Lane Swimming		2-3pm Public Swim		3.30-4.30pm Public Swim		5-6pm Family Swim	6.30-7.30pm Public Swim	Closed	
T	6.30-7.30am Lane Swimming	8-9am Lane Swimming	9.30-10.30am Public Swim		11am-12noon Public Swim	12.30-1.30pm Lane Swimming		2-3pm Public Swim	Closed						
F	New Years Day - Closed														
S	7-8am Lane Swimming	8.30-9.30am Family Swim		10-11am Public Swim		12noon-1pm Family Swim		1.30-2.30pm Public Swim	3-4pm Family Swim		4.30-5.30pm Public Swim		6-8pm Wellington Swimming Club Water Polo***		Closed
S	7-8am Lane Swimming	8.30-9.30am Family Swim		10-11am Public Swim		12noon-1pm Family Swim		1.30-2.30pm Public Swim	3-4pm Family Swim		5-6pm Wrekin Special Swimming***		6.30-7.30pm Women Only Lanes**	Closed	

* Age 8+ years and must be able to swim 25 metres

** Adults 16+ years only

*** Private clubs

- Instructor lead classes and 16+ years
- ▲ Instructor lead classes and 11+ years accompanied by an adult 16+ years
- Once a month cancelled for staff training
- 11yrs+ permitted accompanied by an adult 16+ years
- ✳ For families with children aged 3-11 years, accompanied by an adult 16+ years